

# Bradley University

## Mental Health Resources

### **MD Live (BCBS Plan Members)**

Currently, Bradley's health plan members have access to behavioral health virtual visits through MD Live. PPO members pay a \$30 copay per visit, and HDHP members' visit charges apply to their deductible. Attached is the current MD Live flier that can be shared.

### **BCBS Connect Community (All Bradley Employees & Family Members)**

Those who aren't currently enrolled in the Bradley health plan can still view information on the BCBS Connect Community public website, [Connect Community - Blue Cross and Blue Shield of Illinois \(bcbsil.com\)](https://bcbsil.com).

### **UnityPoint Health - UnityPlace**

Below is a link to the in-patient and out-patient mental health resources that UnityPoint provides, as well as, many articles to help address mental health.

[Mental Health Treatment and Programs | UnityPoint Health - UnityPlace](#)

### **OSF (All Bradley Employees & Family Members)**

For all employees and their families, OSF offers Silver Cloud, as well as other free resources available on these links:

- [SilverCloud | OSF HealthCare](#)
- [Mental Health \(osfhealthcare.org\)](https://www.osfhealthcare.org/mental-health)

### **Health Advocate EAP**

All Bradley employees and their dependents up to age 26 and living in the household have access to Employee Assistance Program services. This program includes up to 3 sessions per issue per year. Health Advocate can assist with:

- Depression, grief, loss and emotional well-being
- Family, marital and other relationship issues
- Life improvement and goal-setting
- Addiction
- Stress or anxiety with work or family
- Financial or legal concerns
- Identity theft and fraud resolution
- Online will preparation and other legal documents

They are available 24/7 and can be contacted at 888.293.6948 or online at [www.healthadvocate.com/standard3](https://www.healthadvocate.com/standard3). Attached is a current Health Advocate flier that can be shared.