





#### **INSTITUTE FOR LEARNING IN RETIREMENT**

Greetings to All who read this letter!

Today it's 24 blustery degrees outdoors, but when you read this letter I hope it will be sunny and a little warmer so that you easily think ahead to April and Spring 2008 ILR! We have a full slate of classes, with 45 new classes, some favorite subjects, some wonderful instructors, and of course the great fellowship of the ILR community of learners, instructors, and staff. The two parking lots with shuttle service will continue, so remember to build time into your schedules for the possible wait for a bus.

As we continue to welcome new learners to our numbers, we will be trying two new things. With this session, there will be TWO areas for morning and afternoon break drinks, snacks, and fellowship. We will add the Alumni Dining Room, on the main floor, to the regular site on the second floor (the Ballrooms).

In the Fall we plan to begin offering study groups to the curriculum. The groups will meet at Bradley, but each will have its own time frame and subject and all will be lead by trained study group facilitators. We hope these "changes" will add to your enjoyment of the Lifelong Learning experience.

Please remember that your executive committee wants to hear your suggestions for possible class material, and other areas which might enhance the overall setup of the ILR sessions. This ILR is indeed a unique experience for all of us who live in Central Illinois. There is no other LLI (Lifleong Learning Institute) set up as ours is and our special relationship with Bradley University is very important. We are a part of the "student body" while we are on campus, and as such we are guests and also all part of the learning group. This provides the younger students with a very positive view of the great learning experiences which lie ahead. Let us keep open minds and spirits so that we keep that positive view uppermost in the Bradley community's collective mind.

I hope to see each of you in April.

Linda Holt

**CONTINUING EDUCATION** 





#### ILR VOLUNTEERS, STAFF, AND SCHEDULE

# PRING

Officers 2006-2007 **President** Linda Holt

**Vice President** Jim Hooker

**Secretary** Delores Fogler

**Treasurer** Sandy Stemler

**Past President** Kenny Carrigan

Staff Wanda Lane Jon C. Neidy **Curriculum Committee** Peggy Cornelius, Chair Shirley Andrews Kenny Carrigan Bernie Drake Delores Fogler Nan Hammond Joanne Haupt Bill Holt Linda Holt Iim Hooker Merilynn Hyland Steve Hyland Ray Keithley Fran Kepler Jackie Krag Dick Marsho Lucy McCrea Carolann Purcell Henry Rakoff Steve Shively Henry Sinclair

Sandy Stemler Margaret Stueve **Joyce Sutton** Don Wagner Chet Wentz, Jr. Sally Yocum **Art Exhibits** 

Gail Wormer, Coordinator Barb Becker

**Membership Gifts** Nancy Sizemore Cookie Marshall

**Class Hosts** 

Rita Larson Luncheon Darlene Jeffrey Mary Dean Etter Bonnylou Schmidt

Audio Steve Shively

**Parking** Bill Holt Dick Marsho Don Wagner

Winterim 2008 Joanne Haupt

**Brochure** Warren Reynolds Margaret Stueve

Event	Date	Time	Location
SPRING 2008			
Spring Kick-Off Luncheon	Wednesday, March 19, 2008	12:00 PM	Ballrooms A, B, and C
Spring 2008 ILR	Wed., Apr 2, 9, 16, & 23, 2008		Michel Student Cente
Spring ILR Computer Classes	Fri., March 28, April 4, 11, 18, & 25	9:00 AM	Caterpillar GCC Executive Suite
Spring Wrap Up Meeting	Wednesday, April 30, 2008 Wednesday, May 7, 2008	9:00 AM 9:00 AM	Executive Suite  Executive Suite
Fall Curriculum Meeting Fall Curriculum Meeting	Tuesday, May 14, 2008	9:00 AM	Executive Suite
Fall Curriculum Meeting	Wednesday, May 21, 2008	9:00 AM	Executive Suite
Fall Mailing Party	Wednesday, July 23, 2008	9:00 AM	<b>Executive Suite</b>
FALL 2008		42.00 PM	D 11 A D 1 (
Fall Kick-Off Luncheon	Wednesday, September 10, 2008	12:00 PM	Ballrooms A, B, and C Michel Student Cente
Fall 2008 ILR Fall ILR Computer Classes	Wed., Sept 24, Oct 1, 8 and 15, 2008 Fri., Sept. 26, Oct. 3, 10 and 17, 2008		Caterpillar GCC
Fall Wrap Up Meeting	Tuesday, October 21, 2008	9:00 AM	Executive Suite
Spring Curriculum Meeting	Wednesday, October 29, 2008	9:00 AM	<b>Executive Suite</b>
Spring Curriculum Meeting	Wednesday, November 5, 2008	9:00 AM	Executive Suite
Spring Curriculum Meeting	Wednesday, November 12, 2008	9:00 AM	Executive Suite
Winterim Kick Off Lunch	Tuesday, January 13, 2009	11:45 AM	Ballrooms B and C
Winterim 2009 ILR	Tuesday - Friday, January 13-16, 2009		Michel Student Cente
Winterim Wrap Up/Mailing Party	Wednesday, January 21, 2009	9:00 AM	<b>Executive Suite</b>
SPRING 2009	W. 1 34 1 40 2000	12 00 PM	D.11
Spring Kick Off Luncheon	Wed., March 18, 2009	12:00 PM	Ballrooms A, B, and O Michel Student Cente
Spring 2009 ILR Spring ILR Computer Classes	Wed., Apr 1, 8, 15, and 29, 2009 Fri., March 27 & Apr. 3, 17, & 24, 200	19	To Be Announced





RI = Returning Instructor NI = New Instructor RC = Repeat Class NC = New Class



Classes marked with a headset will be audio amplified.

BALLROOM **COFFEE 8:30 -**



8:00-8:30

#### I. Tai Chi for Health

Dave Grebner will help stimulate the flow of healthy energy in your body and enhance your sense of "center" and balance with this ancient body-mind discipline. The class will be held in Westminster Parish House Fellowship Hall. (RI/RC)



8:30-10:00

#### 2. The Greening of Architecture

As the world awakens to the issues of global warming and climate change, the world of architecture is changing, too. Designers and builders are making significant efforts to recycle old structures; to build anew with recycled materials; and to power all those buildings with the earth, the wind, and the sun. Local architect Ed Barry explores how those in his field are designing to be environmentally sustainable. He includes several examples from right in our backyard. (RI/RC)

#### 3. History of Medicine

Julius Bonello, Peoria surgeon and medical historian, will discuss the Surgical History of Childbirth, the Plague, Civil War medicine as well as Dr. Mudd and the Assassination of Lincoln. (RI/RC)

#### 4. Introduction to Islam

This class is aimed at making people more familiar with the authentic teachings of Islam, clearing misconceptions and identifying their sources, and explaining how Muslims interact with the society (friends, family, neighbors, etc.). Instructors include: Mohamed I. Salem, president of the Muslims of Peoria Outreach Committee, Osama Al-Refat and May Abouhouli. (NI/NC)

#### 5. Indian Tribes of Illinois

Several Native American tribes were resident in the state when the French arrived in 1673, but that would soon change. European colonization forced tribes westward, and Illinois soon became a temporary home for many tribes. Dr. Michael Wiant, Director of Dickson Mounds Museum, will explore these tribes and the circumstances that led them west of the Mississippi River. (RI/NC)



9:00 - 10:00

#### 6. The Adventures of Huckleberry Finn

Explore one of America's finest and most controversial novels. Ann Sargent, ICC English Department instructor, will discuss Twain's use of satire, character and plot development, and relevant themes. Please read the novel prior to the start of class. (RI/NC)

#### 7. Democracy at Stake: Safeguarding an **Impartial Judiciary**

The class will touch upon the structure of the judicial system and discuss critical issues facing its future autonomy. The class aim is to raise awareness of issues threatening judicial independence through interesting thought-provoking public education regarding an independent judiciary and why maintaining it is so critical for our freedoms. Instructors are: Mary McDade, Appelate Judge, Ed Yohnka, ACLU of Illinois, Cynthia Canary, Illinois Campaign for Political Reform, and Laurie Bergner, LWV Task Force Chair. (NI/NC)

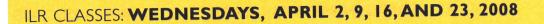
#### 8. Getting Stoned with Gemology!

Join Kevin Smith, registered jeweler with 33 years of experience, and Nathan Wright, American Gem Society Certified Gemologist Appraiser, for this novel look at different aspects of the jewelry industry. They will explore diamonds, gemstones, and more. (RI/NC)

#### 9. Holy Days, Holidays, and How They Got That Way

Join us as we explore the history, mystery, and majesty of some of America's holidays with Randall Saxon, co-pastor of United Presbyterian Church. (RI/NC)







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#### 10. Keeping Balance in One's Life -Act or Activity...It's Never Too Late!

Learn how to stay healthy, keep fit, and identify risk factors for disease. Discuss ways to overcome barriers to fit fitness into your life. Look at unique ways to add physical activity to our relative sedentary lives. Instructor is Blair Gorsuch, Exercise Physiologist and Director of Proctor Hospital Cardiac Rehab. (RI/NC)

#### 11. The Other Law of Moses

This course will explore the economic law contained within the Law of Moses. John Kelly will examine ancient Israel, the world's first middle class nation, and trace the history of the alternating observances and rejections of the land law. (RI/RČ) ( 16. Energy, Environment, and Eco-Doom

12. Popular Antique Jewelry

How much is Grandma's old locket worth? Join Abbie Alexander, owner of AAA Antiques, to find out how old it is, where and how it was made, who made it, what it is made of, and how much it is worth. Learn about favorite periods in jewelry including Victorian, Arts & Crafts, Art Noveau, Edwardian, and Art Deco. Cameos and costume jewelry will also be discussed. Participants may have one piece appraised at the last session. (RI/RC)

BREAK 10:00 - BALLROOM B



10:30 - 11:30

13. All about Anger

Being angry can involve emotional expressions like frustration, irritability, annoyance, aggravation, blowing off steam, or fretting. Understand how pride, fear, loneliness, and inferiority feed anger. Uncover and eliminate the myths that perpetuate anger. Robin Hayles, counselor and life coach, will help us identify learned patterns of relating, thinking, and behaviors that influence anger. (NI/NC)

14. Current Events in Chemistry

Join Max Taylor, Bradley Chemistry Professor, for a look at current happenings in chemical science and their impacts on our society. (RI/NC)

#### 15. Chromosome 18 and Its Abnormalities

Come learn all about chromosome 18 and the abnormalities that can occur within the 18th chromosome. Find out about the 5 different syndromes of chromosome 18 with emphasis on Tetrasomy 18p, and how individuals with these syndromes are affected. Learn about the joys and tribulations of raising a child affected with a chromosome 18 abnormality. Explore what is being done in research and clinical studies to learn more about these syndromes. Class instructor is Stephanie Shively, Tetrasomy 18p Syndrome Coordinator and parent of a child with Tetrasomy 18p. (RI/RC)

This course will examine contemporary energy and environmental issues of interest to the participants from a critical thinking perspective, with a particular emphasis on unintended consequences. Topics could include: Is it proper for Vermont and Cape Cod to ban wind farms; Should we explore the nuclear option more vigorously; What are the nonhuman factors that influence climate change; Should private jets be banned; and What are the environmental savings if we adapt Sheryl Crow's proposal of one square per restroom visit (Washington Post 22Apr07)? Class instructor is Bob Podlasek, Assistant Dean, Bradley University College of Engineering and Technology. (NI/NC)



17. History of Black Gospel Music in America Black gospel music is more popular today than ever. Examine the roots and development of this powerful, inspiring, and influential music with Frances Duren, Inspirational Choir Director at Zion Baptist Church. (RI/RC)

#### 18. Modern Russian Culture

Join Irina Goldberg, a native of Russia and a former Bradley Professor of Russian and German, to discuss various cultural issues of modern Russia. You'll enjoy exchanging views on Russian contemporary culture, its deep educational and cultural heritage, its values and customs, and its holidays and traditions. You might even learn a few Russian words! (RI/NC)

#### 19. Money Matters

This series will discuss various financial and asset management topics including: Women and Money; Trusts and Estates; Investment Risks and Rewards; and Economic Updates. Each session will focus on current opportunities and methodology and how to utilize this information in your personal life. Class instructor is Delores Eagleson, Senior Vice President and Trust Officer with Herget Bank. (NI/NC)

#### 20. The New Generation of Opera Stars

Learn about the new great talents in the world of opera. See and hear these exciting artists in recorded live performances from a wide range of the opera repertory. Discuss the present and future of opera with Stan Ransom, guest lecturer for Opera Illinois and Spoon River College. (NI/NC)

#### 21. The Piano

Carroll Green will present the history and development of the piano. Assisted by Joyce Whitney, Carroll will explain the piano's origin and inner workings as well as provide live and recorded examples of the varied repertoire and styles for keyboard instruments from the Baroque and Classical Periods through Romanticism and Modern Times. (RI/NC)

#### 22. Preserving Your Family Treasures

Join Charles Frey, Special Collections Librarian, and Ana Lyra, Paper Preservationist, for a discussion and demonstration of how to preserve paper-based family keepsakes including diaries, letters, certificates, Bibles, and photographs. Chuck will also cover safe scrap booking techniques. This class will be held in Bradley's Cullom-Davis library and is limited to 15. (RI/RC)



#### LUNCH 11:30 - 12:30

Choose one of our neighborhood restaurants, or stay on campus. Visit the Bradley Café, Student Center Cafeteria, bring a lunch from home, or join our lunch buffet in the Student Center Ballroom. (The buffet menu is \$27 for all four days.)

April 2 Italian Bar, salad and bread sticks

April 9 BBQ Beef, Pork and Chicken April 16 Taco Salad Bar

April 25 Chicken, Tuna, Pasta, and Salad Bar All meals include soup, drink, and dessert



12:30 - 1:30

#### 23. American Poets

Jim Sullivan, ICC Professor of English, will examine the work of four important modern poets from Illinois: Harriet Monroe, Vachel Lindsay, Edgar Lee Masters, and Carl Sandburg. (RI/NC)

#### 24. Global Warming - Reality or Myth?

Is earth warming? Is carbon dioxide the culprit? Are humans to blame? What are some consequences of global climate change? These and other climate-related questions will be addressed. Class instructor is Karen Bartelt, retired Professor of Chemistry at Eureka College. (RI/NC)

#### 25. Having Fun with Gardening

Join Larry Stratton, Master Gardener and Bradley University Computing Services Senior Systems Analyst, for this exciting foray into gardening. He will explore lawns and lawn care, ornamentals, fruits and vegetables, trees, and anything else you want to grow and know. (NI/NC)



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26. Making Sense of Today's Stock Market

Carl Williams, president of Williams Investment Network, will provide a detailed analysis of new places to put your money, including ETFs, I-shares, closed end funds, target funds and sector funds. This is not your parents' stock market. (RI/NC)

#### 27. Pre-Raphaelite Art and the Poetry Which Inspired It

Lush colors and sumptuous details characterize the production of 19th century English artists known as the Pre-Raphaelites. Peggy Carter and Carol Morrisey will examine the origins, development, and decline of this rebellious art movement, and they will analyze the literary sources – particularly the poetry – which provided subject matter for many of its most fascinating works. (RI/NC)

#### 28. Rilke's Duino Elegies: A Poetics of Human **Existence**

Rilke spent twelve years in silence, from 1910 to 1922, writing the Duino Elegies, and since then it has been widely acknowledged as one of the greatest poetic works of the twentieth century. The Elegies are as philosophical as they are beautiful, consisting of a series of meditations concerning life and death, time and eternity, alienation, and the creative power of artists. In addition to providing a line by line interpretation of the *Elegies*, the course will emphasize the poem's intricate structure and its relevance for our lives and times. Class instructor is Michael Greene, Bradley Assistant Professor of Philosophy and Religious Studies. (NI/NC)





29. Stem Cells: Beyond the Basics

There is a tremendous amount of information about stem cells in the general media today. Much of this information is either incorrect or misleading. To address this problem, this four-part lecture series will provide an understanding of basic stem cell biology, recent clinical advances, and ethical considerations. Class instructor is Craig Cady, Bradley Assistant Professor of Biology. (NI/NC)

#### 30. Understanding New Technology

Come learn what your grandchildren are talking about. Learn about computer peripherals, wireless devices, digital picture frames, web cams, etc. Discover cell phone advances such as text messaging, sending pictures, videos and other wireless accessories. Understand devices such as I Pods, MP3s, Blackberrys, QWERTY keyboards, Bluetooth, V cast music and GPS navigation systems. Do it yourself home security devices & weather scanners will also be covered. Instructors are Jeff Wagenknecht, Verizon, Joseph Clark, Best Buy, and Casey Simpson, Radio Shack. (NI/NC)

#### 31. What Makes an Item Recyclable and Where Does it Go?

For recycling to work for any sustained period of time without subsidies, it must be profitable for the buyer and the seller. Recycling experts, David B. Rumer, President, George Calfas, V. P. of Marketing, and Joel Erlichman, V. P. of Market Development from Behr Peoria, Inc. will explain not only the economics of recycling but also how metals are actually recycled. They will cover subjects such as the logistics of recyclable collecting, transporting, purchasing, marketing, processing, and selling. Please note we visit Behr on our Commerce Unseen trip on May 14. (NI/NC)

#### BREAK 1:30 - BALLROOM B

2:00 - 3:00

#### 32. Genetics for Idiots and Intellectuals

John DePinto, Bradley Professor Emeritus, will examine base genetic principles based on studies by the monk, Gregor Mendel. These principles will help with the understanding of many human genetic diseases such as cystic fibrosis, sickle cell anemia, hemophilia, boy in the bubble syndrome, and many others. Both idiots as well as intellectuals will have a greater appreciation of genetics by the end of this course. (RI/RC)

#### 33. Gilbert's & Sullivan's: Patience; after Pinafore and after Pirates, came Patience

Patience was Gilbert's and Sullivan's 6th opera, and suffered somewhat by following two incredibly popular operas – H.M.S. Pinafore and Pirates of *Penzance*. But viewed from a historical perspective of over a hundred years, this is a delightful satire of the aesthetic poetic era of the late 19th century. This class will enjoy the music and libretto of the opera on DVD and discuss some of the unique circumstances surrounding its creation and production. Class instructor is Dave Weiman, life long Gilbert and Sullivan aficianado. (RI/NC)

#### 34. Look What I Did

Piper Cubs in WWII, basketball, bicycling, and engineering? Ken Crawford, Jim Les, Ken Pope, and Craig Mullen will be our presenters to share their experiences, passions, and marine archeology. (NI/RC)

#### 35. Mathemagic

See how mathematics allows you to read minds, perform sleight of hand, and amaze and amuse. Class instructor is Mary Jane Sterling, Bradley Math faculty member and author. (RI/NC)

#### 36. Nuclear Energy Generation

Nuclear power is undergoing a renaissance. New applications for construction of nuclear power plants in the U.S. have been submitted for the first time in over 25 years. The U.S. energy strategy must address our needs amid a complex mixture of economics, environmental, and geopolitical issues. Nuclear power is a key player in light of global warming concerns. Nevertheless, concerns about radioactive waste disposal, proliferation of nuclear material, and safety persist. Class instructor is John Engdahl,

Bradley Engineering Professor. (RI/NC)

#### 37. Poof! Beginning Magic

Enjoy acquiring basic magical skills while learning magical history and ethics. Magic, as entertainment for others or just your own enjoyment, is a way to stay in contact with your joyful side. No prior magical experience is required. Class instructor is Char Gott, magic performer in the local area since 1964. (NI/NC)

#### 38. Psychology 410: Health Psychology

This is an undergraduate course at Bradley University. Course content considers biological, psychological, sociocultural, institutional and environmental influences on an individual's state of health and illness. Marjorie Getz, Bradley psychology instructor, will lead this class which will include Bradley University undergraduates. (RI/RC)

#### 39. Reconstruction - The Second Civil War

The title of this PBS show describes reconstruction: the attempt from 1863 to 1877 to resolve the issues of the Civil War. Join Bernie Drake, President of the Peoria Historical Society and local Civil War historian, as we explore reconstruction in the South after the Civil War. (RI/NC)

## 40. Smart Retirement Strategies for Retirees

Join Bill Kwon and Loren Gallup to discuss six mistakes that retirees make, social security, estate planning strategies, and strategies for a successful retirement. (RI/RC)

#### 41. Spanish Through Stories

Learn some basic Spanish through storytelling and immersion in the language. Dottie Strickler, retired Spanish teacher, will discuss language acquisition and encourage listening and speaking Spanish as you become involved in story-telling. We have fun! (RI/RC)





#### COMPUTER CLASSES (INCLUDED WITH ILR FEE) FRIDAYS, MARCH 28, APRIL 4, 11, 18, AND 25, 2008

RI = Returning Instructor NI = New Instructor RC = Repeat Class NC = New Class

Classes marked with a headset will be audio amplified.

8:00 - 9:45March 28, April 4, 11, & 18 

Ion C. Neidy will guide the exploration of a single search engine. We will utilize Google to find information, locate images, and follow the news. Google is one of the most powerful tools on the internet. In this class you will explore its full capacity. (RI/RC)

March 28, April 4, 11, & 18 10:00 - 11:45(a) 43. Navigating Information on the Web Join Jon C. Neidy in an investigation of four local and three national websites. We will explore each website in depth, determine how it can best serve us, and learn to evaluate its usefulness. The following websites will be investigated: Peoria Journal Star (www.pjstar.com), Peoria Public Library (www.peoriapubliclibrary.org), WTVP (www.wtvp.org) and its national affiliate PBS (www.pbs.org), WCBU (www.bradley.edu/wcbu) and its national affiliate NPR (www.npr.org). The final website we will investigate is that of our national government (www.whitehouse.gov). (RI/RC)

April 4, 11, 18, & 25 1:00 - 2:4544. Intro to Buying on eBay

Join us as we become registered eBay users and learn how to search for items, bid, and buy safely. We will discuss using PayPal to send and receive money and how to recognize "spoof" or fraudulent emails. Participants should be new to eBay and comfortable using a mouse, searching on the internet, and purchasing on the internet with a credit card. Instructor is Janet Lange, Executive Director of Continuing Education. (RI/RC)

April 4, 11, 18, & 25 3:00 - 4:4545. Intro to Selling on eBay

This class will introduce a methodology for successfully selling on eBay and will include the opportunity to actually place items up for sale. We will discuss how to follow your items and how to communicate with potential buyer questions as well as how and when to utilize the second-chance function within eBay. The pros and cons of using Paypal will also be addressed. Instructor is Randal Braun, ILR member and Peoria Area SeniorNet Learning Center Manager. Participants must have previous buying experience and a current account. (NI/NC)

#### INSTITUTE FOR LEARNING IN RETIREMENT

#### SPRING 2008 KICK-OFF LUNCHEON

WEDNESDAY, MARCH 19, 2008 12:00 PM MICHEL STUDENT CENTER BALLROOM

If you would like to attend, please check "Will Attend the Kick-Off Luncheon" on your registration form. Please register by March 12, 2008.

PRESENTER: Chris Glynn, President of Caterpillar University

MENU

Tuscan Vegetable Soup Raspberry Balsamic Breast of Chicken Lyonnaise Potatoes Broccoli, Cauliflower, and Baby Carrots Strawberry Layer Triangle

# EXPLORING THE PACIFIC NORTHWEST: SEATTLE AND VICTORIA

JUNE 23-JUNE 30, 2008

Thank you to those who completed our survey at the fall ILR. You told us that the Pacific Northwest is your first choice for a U.S. trip and that you prefer spring or early summer. You said that you want to pay less than \$2000 and be away no more than 7 days. Considerate hosts, fun companions, and a combination of attractions and education make your journeys memorable. We listened, and here's what we planned for you. Please join us as we explore the Pacific Northwest.

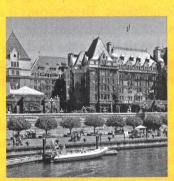
Wanda Lane and Janet Lange, your hosts



#### **ACCOMMODATIONS**

Roosevelt Hotel, Seattle The boutique-style Roosevelt Hotel boasts a special place in the heart of the city and is surrounded by the finest shopping and restaurants, with the Monorail two blocks away and Pike Place Market a short six blocks.

Chateau Victoria, Victoria Built in 1974, this 4-star hotel offers affordable elegance in the heart of downtown, only steps from major attractions, shopping, and the Inner Harbor.



#### **ITINERARY**

Monday Arrive in Seattle, gather for our welcome dinner in

downtown Seattle

Tuesday Narrated city tour, Seattle Art Museum, Sculpture Garden,

and Space Needle

Wednesday Chihuly Bridge of Glass, Museum of Glass, Glass Blowing Studio
Thursday Catamaran ride across Puget Sound to Victoria, Royal BC Museum,

high tea at the Empress Hotel

Friday A full day and lunch at world-renowned Butchart Gardens, and

return to Seattle by catamaran

Saturday Museum of Flight, lunch at Cutters, behind-the-scenes tour of Pike

Place Market, time for shopping

Sunday Ferry to Bainbridge Island for a private tour and our closing lunch

at the Bloedel Reserve's 150-acres of gardens; shopping and dinner

in charming Winslow

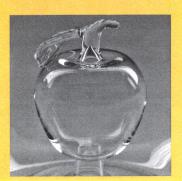
Monday Safe travels to those who return to Peoria or stay on their own in

the scenic Pacific Northwest



#### COSTS

\$1,995 per person, double, or \$2,695 single occupancy; includes hotels; admission tickets, and ground transportation; 7 breakfasts and 7 lunches/dinners; does not include airfare. We will arrange group travel from Peoria for those who are interested. A valid passport is recommended but not required. Travel insurance is optional. The above itinerary is subject to change.



#### **DEADLINES**

February 29 \$500 deposit due April 4 Balance due

April 4 Final date for a full refund

#### FOR MORE INFORMATION

Come to our information session at 9 a.m. on Wednesday, January 30, in the Michel Student Center. Visit www.bradley.edu/continue and click on "For Retirees." Phone 309-677-2523 and ask for Janet Lange or Wanda Lane. Email continue@bradley.edu with your questions.



#### LOCAL TRIPS

Our Commerce Unseen trips are designed to take you into unseen and sometimes overlooked businesses within our own community. Most trips cost \$20, which includes the tour, lunch, and van transportation. We typically meet for lunch at 11:30 a.m., tour, and then return at approximately 3:30 p.m. Sue Manley and Wanda Lane will be your escorts. We'll send detailed handouts for each trip with your registration receipt. Please keep the handouts so you can refer to them prior to each outing, and remember to wear comfortable walking shoes for all trips.

#### **Toraason Glass**

Thursday, February 21

Experience the art of glass blowing at a working artist's studio. Glass artist Hiram Toraason, who has displayed his finished work at ILR, will demonstrate the techniques of working with 2000-degree molten glass to create a one-of-a-kind piece of art. We will also visit his gallery. Video cameras are welcome.

#### **Shamrock Plastics**

Wednesday, February 27

Enjoy a tour of Shamrock Plastics Inc., a 39-year-old, locally-owned company that manufactures thermoformed plastic parts for Caterpillar. They also produce their own proprietary products, including the pumpkin-face and snowman-face covers for post lights. On the tour, you will see how parts are formed from a flat sheet of plastic, subsequently trimmed and/or assembled, and much more.

#### Maui Jim

Tuesday, March 11

Join us on a repeat tour of Maui Jim, worldwide leader in premium polarized sunglasses. The Peoria facility serves as the world headquarters of Maui Jim. From that location, they handle customer service, repairs, human resources, finance, accounting, information systems, and distribution for the continental U.S. and provide support for facilities in Mexico, Canada, UK, France, Italy, Germany, Spain, Australia, Sweden, and Dubai.

#### **Embassy Suites Hotel**

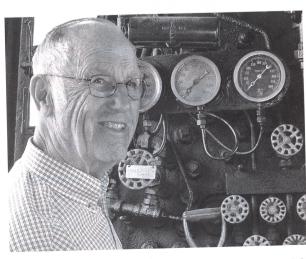
Wednesday, March 26

The newest hotel in the Peoria area is open for business, and we're ready to check it out. The Embassy Suites Hotel and Conference Center has changed the East Peoria side of the river, and you won't want to miss seeing the 25,000 square feet of convention space, 5,000 square feet of meeting space, some of their 226 suites, the eight-story atrium with water features, and lots more. Come along with us for a grand tour!

# Winpak Heat Seal Corp. and Excalibur Seasoning Co. Thursday, April 24

Winpak Heat Seal Packaging was created in 1997 from the acquisition of Heat Seal Packaging Inc. of Vaudreuil-Dorion, Quebec. The company is an integrated manufacturer of heat-sealable membranes and die-cut lids for the food, beverage, dairy, and healthcare industries. Winpak, located in Pekin, is the largest producer of die-cut lids in North America.

Excalibur Seasoning Company is also located in Pekin and offers varieties of seasonings formulated for producing smoked and cured meats. Excalibur currently offers over 13,000 seasoning blends and provides new and existing customers with seasoning formulas. Their flavor profiles have produced state champions in almost every product category throughout the Midwest since the company's inception in 1986. Be prepared for some sensational aromas as we tour this modern plant.



#### Sofi's Stitches & Jim Garrott's Car Museum Wednesday, April 30

Sofi's Stitches started as a hobby-level business in 1997 and has grown to include 35 employees and more than 40 sewing professionals. Sofi bought an armload of fabric, sewed it into a dozen medieval outfits, and took it to a small Middle Ages re-enactment event. She sold out in three hours. Now her reproductions are sold throughout the United States and Europe. She researches each garment using historical sources such as period paintings, sculptures, and illuminated texts. To maintain the authenticity of the costumes she produces. Sofi supplements the research with information from archeological digs.

After we visit Sofi's Stitches, we'll tour Jim Garrott's collection of orphan (no longer made) cars dating from the late 1940s to 1950s. His cars include Nash, Studebaker, Hudson, Edsel, Croslev, Rambler, etc. Join us for this exciting double-yourfun tour.

#### MGP Ingredients of Illinois, Inc.

Thursday, May 8

You may have wondered what happens to all the grain going into the MGP (formerly Midwest Grain Products - originally the American Distillery built in 1892) facility along the Illinois River in Pekin. Join this very special Commerce Unseen trip and learn how MGP produces food-grade alcohol for beverages (vodka and gin) and fuel-grade alcohol for ethanol. In addition to those products, MGP's researchers work to develop and refine new products from plant-derived specialty proteins and starches. Breakthroughs in recent years include a host of wheat-based specialty items created for use in multiple food systems, personal care products, pet products, and plastic-like bio-based and biodegradable items. Join us to learn more!

#### Behr Peoria, Inc.

Wednesday, May 14

Some people recycle aluminum cans and scrap metals because they feel good about protecting the environment. Other people recycle because they earn money from their efforts. If you'd really like to learn about the business and process of recycling, join us on our tour of Behr Peoria, Inc. located on Clark Street, to learn more about how various metals are reclaimed, sorted, processed, and sold.

Learn why some items are recycled and others end up in the landfills. During our tour, our guides will explain the logistics of collecting and transporting these materials as well as the sophisticated processes that Behr uses to supply the highest quality scrap metals to its buyers. This tour is a perfect complement to the ILR class on recycling.

#### U.S. Army Corps of Engineers and Lock and Dam Wednesday, May 21

The U.S. Army Corps of Engineers Illinois Waterway Project Office located on Grant Street is responsible for all operation and maintenance of 8 locks, plus 7 dams on the Illinois River, and the 9-foot navigational channel. They ensure that inland navigation traffic transits the Illinois Waterway 365 days a year and 24 hours a day. Over 15 million tons of commodities such as coal, grain, steel, and petroleum pass through these locks. Come along with us for a tour that will provide an education on how the river operates and what maintenance is required to keep water traffic moving on the Illinois River. We will also tour the lock and dam on Wesley Road in North Pekin.

#### **ILR Summer Social and Study** Wednesday, July 9

Please join us for our ILR summer picnic. We will gather at the Grand View Drive Shelter (overlooking Galena Road) for a gourmet boxed lunch complemented by a presentation from Dr. Michael Wiant, Director of Dickson Mounds Museum. This is a great opportunity to stay in touch with the ILR community over the summer—and it's a great excuse to eat some ice cream! Please join us as we continue this ILR tradition!

Cost \$18 includes gourmet boxed lunch, ice cream, lecture, and conversation. Please register by June 25.



## REGIONAL TRIPS

Edward Hopper and Winslow Homer Art Institute of Chicago Wednesday, March 5

On this trip, we will have the opportunity to view the work of two incredible artists: Edward Hopper (1882-1967) and Winslow Homer (1836-1910).

Hopper, creator of art that novelist John Updike described as "calm, silent, stoic, luminous, and classic" - is one of the most enduring and popular American painters of the 20th century. His paintings have been celebrated as a part of the very grain and texture of the American experience. This exhibition is the first comprehensive presentation of Hopper's work to be seen in American museums outside of New York in a quarter century.

American painter Winslow Homer (1836-1910) created some of the most breathtaking and influential images in the history of watercolor. Twenty-five spectacular Homer watercolors in the Art Institute's collection have been carefully analyzed using the latest conservation technologies. The works and the revealing associated research will be displayed in the context of over 100 watercolors, drawings, and oil paintings that explore the artist's most important subjects and sites, and his interest in color and light.

During your free time, you may be interested to view the work of photographer Ed Ruscha, whose photos will be exhibited at the Art Institute.

Cost: \$99 includes charter bus transportation, admission to the museum and the special exhibits, audio tour, and lunch. We will depart at 7:00 a.m. from CampusTown and return at approximately 7:00 p.m. Sue Manley and Wanda Lane will be your escorts. Please register by February 11.



The Devil in the White City Chicago, Illinois Friday, March 14

Join hosts Janet Lange and Jon Neidy on a tour inspired by Erik Larson's book, The Devil in the White City. Janet is Executive Director, and Jon is Assistant Director of Bradley University's Division of Continuing Education. They will be joined by a professional guide who will narrate a driving tour of Jackson Park and the Columbian Exposition's former fairgrounds on the Midway Plaisance. Weather permitting, we will explore on foot the Wooded Island, the State of Republic statue, and the Ferris Wheel site. We'll also see the Century of Progress sites of Northerly Island, Burnham Park, the Balbo Column, and more. After an elegant lunch at the University of Chicago's Ouadrangle Club, we will drive through the Englewood neighborhood, the former site of Holmes' murders.

Cost: \$95 includes charter bus transportation, guide, lunch, and all gratuities. We will depart at 7:00 a.m. from CampusTown and return at approximately 7:30 p.m. Janet Lange and Jon Neidy will be your escorts, and we will be joined by teachers from Peoria County. Please register by February 14 as this trip will have limited seating.

Small Town Gems: Jacksonville, Illinois Woodlawn Farms, Duncan Mansion, Illinois College, Strawn Art Gallery, Thursday, May 15

Join us for another trip in our series of Small Town Gems. Historic Jacksonville is a town with significant ties to the Underground Railroad and Abraham Lincoln. Our visit will include guided tours of Woodlawn Farms, the Governor Duncan Mansion, Illinois College, and the Strawn Art Gallery. Having produced three Illinois governors and the first college in Illinois, Jacksonville is a destination you will appreciate.

In the 1800s, Jacksonville acted as a hub for the Underground Railroad, sheltering hundreds who wished to escape the horrors of slavery. Several local historic homes served as havens on this journey to freedom, making Jacksonville one of the first such stations in the area and, by far, the busiest. We'll make our first stop at Woodlawn Farms, which is located about five miles outside the city. The site was established in 1824 and was very important to the Underground Railroad.

The Governor Duncan Mansion was built in 1834 for Illinois Governor Joseph Duncan, his wife, Elizabeth, and their growing family. It served as the official Governor's Mansion during his term of office, 1834-38, and is the only structure left in the state that served in that capacity outside of Springfield.

Illinois College, the first college in the State of Illinois, was considered to be an engine of abolitionism. Edward Beecher, brother to Harriet Beecher-Stowe, author of Uncle Tom's Cabin, was the first president of Illinois College.

Cost: \$69 includes charter bus transportation, admission to all sites, private guided tours, and lunch. We will depart at 7:00 a.m. from Campus Town and return at approximately 7:00 p.m. Sue Manley and Jon Neidy will be your escorts. Please register by April 15.

Vaughan Manufacturing, Pella Corporation, and The Brick Yard Bushnell & Macomb, Illinois Thursday, May 29

Don't miss this second chance to visit Bushnell, Illinois, the home of the oldest hammer manufacturer in the country. More importantly, the hammers made at Vaughan Manufacturing are sold under a very recognizable name by a major retailer. You will tour the facility to learn more about their manufacturing processes.

After a delicious lunch at Chandler's Restaurant in Macomb, we'll then travel to one of the newest manufacturing factories in the area. The Pella Corporation, which opened its window factory in Macomb in spring of 2006, will be our next stop. We'll spend some time learning about how the company makes its quality windows.

We'll end our day in Colchester at The Moses King Brick and Tile Works, one of the hidden treasures of Illinois. Creatively conceived and constructed by reusing and repurposing historic buildings and kilns, "The Brickyard," as it is commonly called, presents art-related workshops and events. The Brickyard is McDonough County's only National Historic District.

Cost: \$69 includes charter bus transportation, tours, and lunch. We will depart at 7:30 a.m. from CampusTown and return at approximately 6:30 p.m. Jon Neidy and Wanda Lane will be your escorts. Please register by April 29.



#### LEARNING TRIPS



2 0 0 8

Exploring Emiquon and the Dickson Mounds Museum Fulton County Wednesday, June 18

Jason Beverlin spoke at the fall ILR Kickoff luncheon about The Nature Conservancy's Emiquon Project, and this trip is your chance to see the latest developments first hand.

The morning Emiquon tour will include some hiking and the opportunity to get the absolutely best view of the restoration project by canoe for those who would like to explore on the shallow water. We are also hoping for the chance to view the Field Station that the University of Illinois at Springfield operates.

The goal of this trip is to experience the Emiquon Project and to see the significant ties between Dickson Mounds and Emiquon. After lunch, we'll go to the Dickson Mounds Museum for a guided tour. The Museum tour follows up on the ILR classes Mike Wiant offered on Archeology/cultural resources of the Illinois River Valley and Dickson Mounds Museum.

For this adventure, please wear comfortable clothing and shoes that are appropriate for our activities.

Cost: \$69 includes charter bus transportation, tours, and lunch. We will depart at 8:30 a.m. from CampusTown and return at approximately 5:00 p.m. Carla Montez and Wanda Lane will be your escorts. Please register by June 1.

Taming of the Shrew Illinois Shakespeare Festival Normal, Illinois Sunday, July 20

If you missed all the fun at last summer's trip to the Illinois Shakespeare Festival, you'll have another chance to enjoy a great performance and an exquisite evening this summer.

Having been re-worked as "Kiss Me Kate" and "War of the Roses," Shakespeare's

Taming of the Shrew is one of Shakespeare's early comedies. You'll enjoy this story of a man who tries to control his very headstrong wife. With plenty of love, trickery, and hilarity, this show is sure to please, and you'll have the best seats in the house.

Dr. Susan Hillabold, who earned her doctorate in British Literature from the University of Alberta in Edmonton, has taught Shakespeare at Illinois Central College since 2005. Dr. Hillabold taught the Shakespeare class for the Fall '07 ILR and will accompany our group to enrich our understanding of the play's subtleties. We'll enjoy a picnic dinner at the venue, a backstage tour, and the performance. Be prepared for a delightful evening of Shakespearean comedy at its best. Please bring a lawn chair for our picnic dinner.

Cost: \$105 includes charter bus transportation, backstage tour, picnic dinner, theatre ticket, and soft drinks at intermission. We will depart at 4:30 p.m. from CampusTown and return at approximately 11:30 p.m. Sue Manley, Jon Neidy, and Wanda Lane will be your hosts. Please register by June 1.

#### **SAVE THE DATE!**

Midwest Presidential Museums September 8 - 12, 2008

Join ILR's own Bernie Drake and Continuing Education Program Director Sue Manley on an educational tour of four Midwest Presidential Museums. We'll travel to West Branch, IA; Abilene, KS; Independence, MO; and Springfield, IL to visit the museums that honor Presidents Hoover, Eisenhower, Truman, and Lincoln. The price (to be determined) will include charter coach, hotels, admissions, and most meals. If you are interested in this trip, please call Wanda Lane at (309) 677-2523. Non-ILR members are welcome to join us, so invite your friends!

Additional trip pictures are available at www.bradley.edu/continue

#### REGISTRATION (PLEASE DETACH AND RETURN WITH PAYMENT)

WHAT I WANT TO DO	Please check box if you are attending luncheon  ☐ I will attend the Kick-Off Luncheon on Wednesday, March 19, 2008.
## Stand Fees  ## \$5 ILR Class Fee  ## \$27 Buffet lunches  ## Total (LINE A)  The class fee includes the complimentary Kick-Off Luncheon, gift, one class in each of the periods listed below, and optional computer classes.  ## 8:30 - 8:30  ## 1. Tai Chi for Health  ## 8:30 - 10:00 - indicate a first (1) and second (2) choice  ## 2. The Greening of Architecture  ## 3. History of Medicine  ## 4. Introduction to Islam  ## 5. Indian Tribes of Illinois  ## 9:00 - 10:00  ## 6. The Adventures of Huckleberry Finn  ## 7. Democracy at Stake: Safeguarding an Impartial Judiciary  ## 8. Getting Stoned with Gemology!  ## 9. Holy Days, Holidays, and How They Got That Way  ## 10. Keeping Balance in One's Life  ## 11. The Other Law of Moses  ## 12. Popular Antique Jewelry  ## 10:30 - 11:30 - indicate a first (1) and second (2) choice  ## 13. All about Anger  ## 14. Current Events in Chemistry  ## 15. Chromosome 18 and Its Abnormalities  ## 16. Energy, Environment, and Eco-Doom  ## 17. History of Black Gospel Music in America  ## 18. Modern Russian Culture	Parking Please plan to use our shuttle buses which will run between Westminster Church, Shea Stadium, and the Michel Student Center.  Limited handicapped-accessible parking is available by permit on campus. Please contact Wanda at (309) 677-2523 for details.  Learning Trips and Fees  Local Trips  \$ 20 Toraason Glass, February 21  \$ 20 Shamrock Plastics, February 27  \$ 20 Maui Jim, March 11  \$ 20 Embassy Suites Hotel, March 26  \$ 20 Winpak Heat Seal Corp. and Excalibur Seasoning Co. April 24  \$ 20 Sofi's Stitches & Jim Garrott's Car Museum, April 30  \$ 20 MGP Ingredients of Illinois, Inc., May 8  \$ 20 Behr Peoria, Inc., May 14  \$ 20 U.S. Army Corps of Engineers and Lock and Dam, May 25  \$ 18 ILR Summer Social and Study, Peoria, Illinois, July 9  Regional Trips  \$ 99 Hopper & Homer, Art Institute of Chicago, March 5  \$ 95 The Devil in the White City, March 14  \$ 69 Small Town Gems: Jacksonville, Illinois, May 15  \$ 69 Vaughan, Pella, & The Brick Yard, May 29  \$ 69 Emiquon and the Dickson Mounds Museum, June 18  \$ 105 Taming of the Shrew, Normal, Illinois, July 20  Total (LINE B)
19. Money Matters	WHO I AM
20. The New Generation of Opera Stars 21. The Piano 22. Preserving Your Family Treasures  12:30 – 1:30 - indicate a first (1) and second (2) choice 23. American Poets 24. Global Warming – Reality or Myth? 25. Having Fun with Gardening 26. Making Sense of Today's Stock Market 27. Pre-Raphaelite Art and the Poetry Which Inspired It 28. Rilke's Duino Elegies: A Poetics of Human Existence 29. Stem Cells: Beyond the Basics 30. Understanding New Technology 31. What Makes an Item Recyclable and Where Does it Go?	NameNametag Preference
2:00 – 3:00 - indicate a first (1) and second (2) choice  32. Genetics for Idiots and Intellectuals  33. Gilbert & Sullivan  34. Look What I Did  35. Mathemagic  36. Nuclear Energy Generation  37. Poof! Beginning Magic  38. Psychology 410: Health Psychology  39. Reconstruction – The Second Civil War  40. Smart Retirement Strategies for Retirees  41. Spanish Through Stories  ILR Computer Classes, Fridays, March 28, April 4, 11,18, & 25, 2008  If you choose to take these computer classes, select only one or two.  Register for computer classes only if you can attend all four (4) sessions.  8:00-9:45	LINE A + LINE B = TOTAL DUE  Please make checks payable to Bradley University  VISA



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#### ABOUT THE INSTITUTE FOR LEARNING IN RETIREMENT

## What is the Bradley University Institute for Learning in Retirement?

The Bradley University Institute for Learning in Retirement (ILR), founded in 1994, is an inspiring educational program for mature learners 55 and over. Providing opportunities to share knowledge and skills with others, the ILR offers a novel setting to interact with contemporaries and meet friends, old and new. The prerequisites, homework, and grades you remember from school days are replaced with lively discussions, expert information, shared knowledge, and informative trips.

#### Who attends and supports the ILR?

Over 300 mature learners from the tri-county area and all walks of life attend the ILR each term. ILR members believe that learning is a never-ending process. They view retirement as an opportunity to explore new ideas, investigate issues of interest, and form new friendships. Bradley University Continuing Education, in affiliation with the Elderhostel Institute Network, sponsors the Institute for Learning in Retirement.

## When are ILR classes and learning trips offered?

The ILR classes occur three times each year: fall winter, and spring. In the fall and spring the ILR is held on four consecutive Wednesdays. ILR Computer classes are held on four consecutive Fridays. In the winter our ILR classes and computer classes are held on four consecutive days in January. The registration fee for each term is \$85. ILR learning trips are held throughout the fall, winter, and spring. Each trip has its own registration fee.

#### Where is the ILR held?

Most classes are held in our conveniently located and attractive Robert H. Michel Student Center on Bradley's campus. Our shuttle will transport you from various locations to the front door of the Student Center where all the facilities are handicapped accessible. Computer classes are held in Continuing Education's computer classroom also located on campus. Learning trips are held throughout the region and state. Van or charter bus transportation is provided for all learning trips.