

Bradley University
Institute for Learning in Retirement

Fall 2001

Our Phone Number (309) 677-3905 www.bradley.edu/continue

Officers 2001-2002

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BRADLEY

Continuing Education Jon C. Neidy, Assistant Director (309) 677-3905 www.bradley.edu/continue

Message from the President...

nother year of ILR classes is set to begin and we proudly present a line-up of diverse and interesting classes for your selection. A hearty welcome to those who are new to our program and welcome back to those who have attended before.

ILR, a member of the Elderhostel Institute Network, is beginning its 7th year at Bradley. It is a well established and smoothly functioning program, thanks to the countless volunteers who generously donate their time to various committees needed for organizing our courses and functions and to the outstanding leadership of Jon Neidy and Wanda Lane. They, along with the other members of the Continuing Education Department, work tirelessly to make our semesters so successful.

We are fortunate to have many of the Bradley faculty generously donate their time to us along with a number of dedicated individuals from our community and our membership who share with us a love of learning.

Our Fall Kick Off luncheon will be on Wednesday, September 12 at 12:00 noon in the Ballroom of the Student Center. This is an excellent way to open the Fall season, to meet new friends and old and get orientated for the October semester. The Fall classes will be held on Wednesday, October 3, 10, 17 and 24. The computer classes will be held on the Fridays of the same four weeks and in a new home. The Computer Lab has moved to the Caterpillar Global Communications Center, a state of the art facility on the Bradley campus. Computer classes are limited in size, so sign up early!

With the generous backing and cooperation of Bradley University we prepare for another outstanding year of learning, fellowship, and our enjoyable coffee breaks. If there is any way in which I or any of the officers or committee members can be of help, please let us know and please share your thoughts and ideas with us. See you all soon!

Teresa McCabe, President

ILR Classes: Wednesdays, October 3, 10, 17, and 24

(R) = Repeat Class (NM) = New Material (N) = New Class

8:00 **Coffee ILR Treat Ballroom B**



8:30 - 10:00

- 1. International Trade: The U.S. and Asia—Jim Foley, Bradley international trade specialist, will discuss current U.S. trade policies, emerging markets, corporate activities and congressional updates. (NM)
- 2. Save Me an Aisle Seat-Joan and Alf Berg '64, ILR members and longtime moviegoers, take a look at movies, roles, directors, etc. that were snubbed by Oscar...and more. (NM)

9:00 - 10:00

- The Ecology of Illinois-Mike Miller, Peoria Park District's Chief Naturalist at Forest Park Nature Center, will present an overview of natural habitats of Illinois, local prairie and forest ecology, problems they face and their restoration. (R)
- 4. Here Comes the Judge-Robert Kauffman, U.S. Magistrate Judge, retired, will explain the basic structuring of American government; makeup, fuctioning, and daily operation of Federal Courts; and the Bankruptcy Court. (N)
- 5. Legends, Unsolved Mysteries, and Americana-Explore unsolved mysteries in American History, like the disappearance of Judge Crater, with Jerry Driscoll '58, '69 Bradley alum, ILR member. (N)
- 6. Lincoln and the American Mind-Stimulate your mind and spirit as we examine Lincoln's greatest speeches and their effect upon American thinking in the 1800's and today with Randall Saxon, Senior Pastor of First Presbyterian Church. (R/NM)
- 7. Roads to the Future–New highway construction is planned for the Peoria area. How will it affect us? Participate in a discussion of the funding, planning, design and construction of highways in the Peoria area with Roger Miller, John Anderson, Maureen Addis, and Scott Carpenter of IDOT. (R)
- They Play in Peoria-Performing Arts-Peoria is fortunate to have outstanding professional talent in all phases of the arts-Peoria Ballet, Erich Yetter; Opera Illinois, Margaret and Bill Swain; Peoria Symphony, Allen Canon; and the Peoria Civic Choral, Trish Roemer. This class offers information on their backgrounds, and opportunities to learn and enjoy performances. (N)

9. The Wonderful World of Birds-Learn about bird watching and identification in the U.S. and worldwide with 60 year veteran bird watcher, Bert Princen. (R/NM)

> 10:00 - 10:30 Refreshments **ILR Treat** Ballroom B



10:30 - 11:30

- 10. Bradley's Cullom-Davis Library: How to Use It-Get acquainted with the techniques for using Bradley's high tech library with Mary Jo DeJoice, Bradley Access Services Librarian. Beintroduced to changes that have occurred recently. Class limit 10. (R/NM)
- 11. Fall Planning for Spring Garden Splendor-U of I Extension Horticulture Educator Dave Robson will present tips on choosing and planting bulbs, wrapping up beds and borders in the fall with next spring in mind and suggest some new plant ideas for 2002. Master Gardener Roseann Grosse will show how to keep the garden going and growing through the winter months and propagating from fall cuttings. (N)
- 12. The Impact of Tax Law Changes—An informative examination of the new tax law changes and how they may affect us and the economy, presented by Rodney Ringger, Kevin O'Brien, and John Ruble. (N)
- 13. Investing for the Future III-Study investment and portfolio management at an advanced level. Bert Sanders will discuss some of the changes in the stock market and investing as well as answer your questions. (R/NM)
- 14. Medical Detectives: Epidemiology in Our Lives-With recent disease outbreaks like those associated with West Nile Virus, epidemiology has earned popular attention. Learn the process that goes into tracking an outbreak with Marjorie Getz, Epidemiologist, U of I College of Medicine and solve some actual cases as teams. (N)
- 15. What is Philosophy?-Brooks McDaniel, ordained minister and ICC instructor, explores the nature of philosophy: "Why study it?" and a look at four major philosophical questions: What is true? What is real? What is good? and What are we as human beings? (N)
- 16. Writing Your Life Story-Have you ever thought about writing the story of your life, but put it off? Then this class will help you. Learn how to get started, get organized and get writing! Merrill Buesing and Carla Montez are your writing coaches for this class that fills each time it's offered. Don't wait to register! (R)
- 17. Van Gogh and Gauguin: After Impressionism-Betty Starasta, Bradley graduate and former Art History professor at Spoon River College, presents a study of the contrasting personalitites and styles of two great artists. Optional trip to Chicago Art Institute on October 23.

See Regional Travel. (NM)

11:30 - 12:30 Lunch

Buffet in the Ballroom – \$25.00 for 4 lunches (Sack lunches welcome.) Cafeteria is also open. Meal tickets must be purchased by September 26.

Buffet Menu

10/3	Beef Barbecue Sandwich, Baked Beans,
	Relishes, Potato Chips, Soup, Drink &
	Dessert
10/10	Taco Salad Bar, Soup, Drink & Dessert
10/17	Hamburger Bar, Potato Salad, Ambrosia
	Salad, Soup, Drink & Dessert
10/24	Turkey, Dressing, Potatoes, Green Beans,
	Soun Drink & Dessert

12:30 - 1:30

- **18. Absolute vs. Program Music**—We will listen to and explore examples of program music (telling stories without using words) and absolute music with Allen Cannon, Bradley music professor emeritus. (N)
- **19. DNA Biotechnology and the Andromeda Strain**John DePinto, Bradley Biology Professor Emeritus, will address applications and implications of DNA in science and in society. Back by popular demand! (R)
- **20.** Health and Wellness: Eating and Exercising Right-Come join experts from The Order of St. Francis (OSF) to learn how lifestyle choices really do make a difference in your health. (N)
- **21. Introduction to Islam**—Get an introduction to the religion of Islam, its principles, history and traditions. Bashir Ali, President of Muslim Education and Community Association of Peoria, will also explore the development of Islam in America. (R)
- **22.** Leave Your Passport at Home—Travel through slides with Diane Tanner, ILR member, to India and Nepal, Turkey, Washington, D.C., the Eastern Coast, and Antartica. How many penguins can fit in one picture? (N)
- **23.** Play Reading for Fun—Acting not required just enjoy plays chosen from among Shakespeare, Wilde, Shaw, Behrman, Simon, Barry, and others with Wilson Schroeder, ILR member. The theater and her plays always fascinate. (R/NM)
- **24. Shakespeare's Heroines**—Learn about complicated women characters of intellect, passion, imagination, and history with Phyliss Kells, English M.A. (N)
- **25.** Swing/Jazz–Bob McCallum and Charlie Cartwright will discuss the swing and jazz scene, including dance, vocal and instrumental-both live and recorded-with Bill Rexford dancers, Todd Kelly and the Bradley Jazz Band, vocalist and vocal group. (NM)
- **26.** You Can't Take It With You—Greg Mescher and Ruth Collins explain how to safeguard your assets now, give gifts if desired, and effectively transfer wealth at death. Topics will include estate and gift tax rules as well as use of trusts and legal issues. (R)

1:30 - 2:00 Refreshments ILR Treat Ballroom B



2:00 - 3:00

- **27. Farms, Food and You**—From the farm gate to the dinner plate, today's globalized agriculture is changing what you eat, how you eat, and how the food is grown. Explore these changes with Alan Guebert, columnist of Farm and Food File, and then check your pantry. (N)
- **28.** George Gershwin–Join Dick Hinds, ILR member and former Peoria opera manager, as Gershwin's life is reviewed and heard through his music. (R)
- **29. Isaiah: An Uncommon Trilogy**—Be there while Gil Nolde reviews the historical setting, message and literacy quality in the three Isaiahs. (N)
- **30.** Lay Caregivers: Tools and Techniques for Coping—Examine the multifaceted dynamics of lay people assuming the role of caregiver with little or no preparation. Vickie Lannie, Methodist Medical Center of Illinois Community and Hospice Outreach Coordinator, will explore the physical, psychological and spiritual impact inherent within the caring process. Key techniques and strategies will be identified to prevent a difficult situation from becoming a crisis. (R)
- **31. Museums in Peoria**—How will museums play in Peoria? Join in the discussion for new museums and the expansion of Lakeview Museum in Peoria. Byron De Haan, a retired Cat executive, Jim Richerson, Director of Lakeview, Ed Murphy, sports historian, and Kathy Belsley, Director of Peoria Historical Society, will lead the sessions. (N)
- **32.** Our Choices and the Fate of the Illinois River—Discover the rich cultural and ecological history of the Illinois River and the current stress and sources of stress to which the river is subjected. Representatives from The Nature Conservancy and partners will present local projects such as Emiquon and Peoria Lakes, as well as international projects, such as the Pantanol in Brazil. Optional fieldtrip to Emiquon on September 18. See Regional Travel. (R/NM)
- **33.** Slave Resistance Movements: Multiple Messages and Meaning–Junius P. Rodriguez, Associate Professor of History at Eureka College, will examine the history of slave resistance movements and seek to determine the meaning in both individual and group resistance efforts. (N)
- **34.** U of I College of Medicine–Faculty members of the University of Illinois College of Medicine at Peoria will present programs pertaining to vision with Donald Rager, the Library of the Health Sciences with Jo Dorach, clinical practices in Peoria with Richard Weber, and the drug development process with James F. Graumlich. (R/NM)

There is one more class option... Please turn page

35. Voices of Peoria's Greatest Generation—Veterans of World War II services will relate experiences from that significant event. The first two weeks of class will feature members of Peter W. Sommer Post 814 Veterans of Foreign Wars of U.S. The last two weeks will feature members from the American Legion Post 2. (N)

Computer Classes: Fridays, October 5, 12, 19 and 26

All computer classes are limited to 15 people and each person may register for only 2 computer classes.

These computer classes are held in the Continuing Education Computer Lab, Caterpillar Global Communications Center Room #133.

36. 8:00 - 9:45 a.m.

E-mail Explorations—Jon Neidy provides an opportunity for you to get a free e-mail account and learn to manage it effectively. The class will explore e-mail etiquette, attachments, e-mailing groups of people, signatures, and a variety of other issues. All participants will acquire and use a Hotmail account. (R)

37. 10:00 - 11:45 a.m.

Selective Searching—In this class we will explore searching on the World Wide Web. We will determine the differences between a search engine and a directory, investigate examples of each, learn concrete searching skills, and practice the skills we develop with real world questions. We will also establish a procedure for evaluating the validity of a website. Prerequisite: Wandering the World Wide Web. No exceptions. (R)

38. 1:00 - 2:45 p.m.

Windows - Level 3 (New Offering!)—Join Sue Manley and extend your knowledge of the Windows operating system. Work with shortcuts, add and remove programs from your computer or from the Start Menu. Learn more about setting up hardware and how to deal with viruses. This is an advanced level class. Prerequisite: Windows - Level 2. No exceptions. (R)

39. 3:00 - 4:45 p.m.

From Typewriter to Word Processor—Still using a typewriter because you don't understand word-processing software? Sue Manley will help you learn to create and edit documents in a popular word processing program. Enter text, change colors and fonts, format and print documents. Prerequisite: Windows Level 1 or instructor permission. (R)

Come Travel With Us

Local Travel

Commerce Unseen

Back by popular demand! For our fall trips, we have been asked to repeat three previous interesting locations. If you missed them, now is your chance to come along. All of our explorations include noon lunch and travel in a Bradley passenger van. We return to campus about 3:30. Register early as space is limited!

Our first tour is of the Greater Peoria Sanitary District, Darst Street, on Thursday, September 20. We tour and learn about this activated sludge treatment facility, one of the best in the nation, and how liquid waste is treated before going back into the Illinois River. You won't need a clothes pin, this trip is fascinating.

Continue our adventures by delving into the architecture, machinery, and museum of the Illlinois American Water Main Pump Station #1 on Thursday, October 4. Without a doubt, this trip is a "well" of learning opportunities.

Our final area of unsen commerce is the Greater Peoria Regional Airport, where we will tour the terminal and the Peoria Remote Encoding Center (USPS) on Thursday, October 18. Let your understanding take flight with this trip.

Each tour includes lunch and van transportation. Park in Bradley's visitor lot and join us for noon lunch at Avanti's prior to each tour.

Sanitary District: \$15.00 Thursday, September 20 Water Co./Museum: \$15.00 Thursday, October 4 Airport/Encoding Center: \$15.00 Thursday, October 18

All 3 tours: \$40.00

Regional Travel

Fulton County, Illinois Tuesday, September 18, 2001 Emiquon - The Nature Conservancy

Staff from The Nature Conservancy will be our guides as we ride the levees and discuss how this area, once home to the greatest abundance of fish, mussels, and waterfowl in the Illinois and Upper Mississippi river valleys, is critical to the restoration of the Illinois River ecosystem. We will visit Dickson Mounds Museum and experience the cultural richness of the Emiquon area. Some walking required.

Cost: \$35.00 includes tour, lunch, and charter coach transportation. We will leave at 8:00 a.m. from Westminster Church (1420 W. Moss) and return late afternoon. Please register by September 12. Carla Montez and Deana Beata will be your escorts.

Decatur, Illinois

Tuesday, September 25, 2001

Archer David Men. 10-15-01

ADM - Archer Daniels Midland Company

Nearly a century ago, the Archer Daniels Midland Company started with a single flax processing plant in the American Midwest. Today ADM is a major international company with processing, storage, transportation, and sales offices worldwide. The story of ADM's growth is the story of 20th-century business: a global network serving a global marketplace. We will hear that story, visit a hydrofarm, explore a biochem building, and tour other facilities in Decatur. Larry Cunningham, ADM's Senior Vice President for Corporate Affairs, will be our host.

Cost: \$35.00 includes tour, lunch and charter coach transportation. Please register by September 15, 2001. We will leave at 7:00 a.m. from Westminster Church (1420 W. Moss) and return late afternoon. Jon Neidy and Wanda Lane will be your escorts.

Batavia, Illinois Tuesday, October 9, 2001 **Fermilah**

Fermi National Accelerator Laboratory advances the understanding of the fundamental nature of matter and energy by providing leadership and resources for qualified researchers to conduct basic research at the frontiers of high energy physics and related disciplines. Our guided tour begins in Wilson Hall and consists of a video presentation followed by an opportunity to view the Laboratory from the 15th floor windows and visit the various displays located there. The tour then moves to the Linear Accelerator Building where we have the opportunity to see the Cockcroft-Walton,

the components in the linear accelerator gallery and the Main Control Room. We will meet with a Fermilab scientist during a brief question and answer session.

After the tour, we'll enjoy a drive around the 6800-acre site to look at the distinctive architecture and to see bison. waterfowl, and spectacular prarie grasses.

Cost: \$50 includes tour, lunch, and charter coach transportation. Please register by October 1, 2001. We will leave at 8:00 a.m. from Westminster Church (1420 W. Moss) and return early evening. Sue Manley and SusanBock will be your escorts.

Chicago, Illlinois Tuesday, October 23, 2001 Chicago Art Institute

Co-organized by The Art Institute of Chicago and the Van Gogh Museum, Amsterdam. Van Gogh and Gauguin: The Studio of the South examines the complex relationship between Vincent van Gogh and Paul Gaugiun and the plan they developed together to create a "Studio of the South." The personal and professional history of the two famous artists-their mutual admiration, rivalrous friendship, extended artistic dialogue, and brief period of collaboration in Arles in 1888–constitute one of the most dramatically revealing sagas in the history of modern art. Our host for the day will be Betty Starasta.

We'll view a 45-minute slide lecture discussing the exhibition, which features 125 paintings, works on paper, and sculptures.

Cost: \$75 includes lunch, group lecture, charter coach transportation, and 2:00 entry to the exhibit. Please register by October 16, 2001. We will leave at 8:00 a.m. from Westminster Church (1420 W. Moss) and return early evening. Janet Lange and Jon Neidy will be your escorts.

International Travel

Please be on the lookout for our exciting and novel International Travel opportunities.



Greetings -

The Elderhostel Institute Network (EIN) is delighted to be working with the Bradley University Institute for Learning in Retirement. Together, we bring the highest quality educational programming to older learners living in the vicinity of Peoria.

From our national offices in Boston, EIN gathers stimulating curriculum resources and exciting new initiatives to offer to all the Institutes for Learning in Retirement (ILRs) across N. America. We also compile and pass on all the latest news and happenings from across the Network and serve as a central resource that ILRs can turn to for help and information. Thanks to our well-known profile we have access to innovative educational opportunities and our high visibility ensures our ability to promote the learning in retirement movement on both national and international levels.

The Elderhostel Institute Network and the Bradley University Institute for Learning in Retirment are together providing a stimulating and exciting opportunity for older learners in this, the first year of the new Millennium. Together we are helping educate our society about successful and productive aging and the joys of older learning. The 21st century does indeed hold great promise for the learning in retirement movement!

Cordially, Nancy Merz Nordstrom, Program Manager Debbie Rodgers, Program Associate Elderhostel Institute Network

"Learning is a treasure that will follow its owner everywhere."
...Chinese proverb



Membership Form (age 55+ recommended) Bradley Alum Year Will attend September 12 luncheon Will NOT attend September 12 luncheon Phone Badge Name City State Zip Address SS# E-mail address **Wednesday Classes** (Circle #1 & #2 choices in each time period.) \$75 membership fee per person \$25 lunches (4) on ILR Wednesday dates 8:30-10:00 - Choose one - 9:00 - 10:00 \$40 Commerce Unseen (3 Thursday tours) 3 8 9 #1 Choice 2 3 5 6 #2 Choice \$15 Sanitary District, Thursday, September 20 \$15 Water Co./Museum, Thursday, October 4 10:30 - 11:30 \$15 Airport/Encoding Center, Thursday, October 18 17 #1 Choice 11 12 13 14 15 16 10 #2 Choice 11 12 13 14 15 16 17 10 \$35 Emiquon, Tuesday, September 18 ____ \$35 Decatur, Tuesday, September 25 12:30 - 1:30 20 21 22 23 24 25 26 \$50 Batavia, Tuesday, October 9 #1 Choice 18 19 #2 Choice 18 19 20 21 22 23 24 25 26 _ \$75 Chicago, Tuesday, October 23 2:00 - 3:00 Total enclosed (checks payable to Bradley) 33 34 35 28 29 30 31 32 #1 Choice __VISA ____Mastercard ____Discover 27 28 29 **30** 31 32 33 34 35 #2 Choice Card number____ 1:00 - 2:45 8:00 - 9:45 38 Friday 36 Exp. date_____ Signature____ 3:00 - 4:45 (two **37** 10:00 - 11:45 39 maximum) Return to: Bradley University Continuing Education **Membership Fee** 1501 W Bradley Ave \$75.00 per person Peoria, IL 61625 (semester ends December 31, 2001) **Additional Information** Registration fee includes ILR luncheon, Your class schedule and campus map ILR membership, class registration and special events. ILR scholarships are available by contacting Jon C. Neidy. will be mailed by September 26, 2001.

Join ILR members for a complimentary luncheon.

You are

cordially invited!

We encourage members to take advantage of our shuttle bus which travels to and from the student center.



Please check here if you will need a campus parking permit.

Bradley University INSTITUTE FOR LEARNING IN RETIREMENT

Menu:

Beverage

Chicken Kiev over Wild Rice Green Beans with Mushrooms Fruit Ambrosia Muffins and Rolls Apple Pie

Wednesday, September 12, 2001 12:00 noon Michel Student Center Ballroom

Please call 677-3905 or mail class registration form by September 7, 2001.

Park and ride with bus shuttle from Westminster Church 11:30 a.m. and return after the luncheon.



ELDERHOSTEL INSTITUTE NETWORK



Institute for Learning in Retirement
Continuing Education
1501 W Bradley Ave
Peoria IL 61625

Return Service Requested

Non-Profit Org. U.S. Postage PAID Peoria, IL Permit No. 688



ILR Dates

Fall 2001: Wednesdays October 3, 10, 17 & 24 Computer Classes: Fridays

October 5, 12, 19 & 26

Winterim 2002: Tuesday, Jan. 8 - Friday, Jan. 11

Join us for learning and friendship!